

Solana Beach School District brings you...

San Dieguito Alliance
For Drug Free Youth



“The Truth About Vaping and other Drugs”

Thursday, September 21, 2023 via Zoom beginning at 6:00 PM.

Zoom Credentials*: No registration required, free to all SBSB staff, students and families.

[Click the link here to join.](#)

Meeting ID: 960 4012 0282

Passcode: 356807

Topics discussed:

- *Health impacts of vaping (e-liquids, battery-powered devices)*
 - *Nicotine*
 - *Marijuana (vapes and edibles)*
- *Brain development and why it matters*
- *Why some youth choose to use substances, signs of substance use, strategies to reduce the likelihood of substance use, refusal Skills*
- *Fentanyl awareness*
 - *Counterfeit pills and powders*
 - *Use of social media apps to obtain drugs*



About your presenter:

Kelly McCormick is a Public Health Educator with SD Alliance, where she leads trainings on the prevention of youth alcohol, tobacco, marijuana, and other drug use. As the parent of an 18-year-old and 22-year-old, Kelly has firsthand experience with the challenges of raising kids in today's culture of social media and drug normalization. She shares her experiences along with the latest research on adolescent development and brain health.

Looking to hear this presentation in Spanish or Mandarin? Come join our translated viewing opportunities IN PERSON led by our SBSB Community Liaisons.

Spanish

Skyline School Theater: 606 Lomas Santa Fe Drive, Solana Beach

Mandarin

Solana Ranch Multi Purpose Room (MPR): 13605 Pacific Highlands Ranch Pkwy., San Diego

* Due to presenter requirements, this Zoom will not be recorded.