

Sunday

Monday

Tuesday

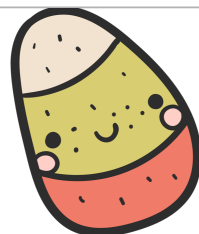
Wednesday

Thursday

Friday

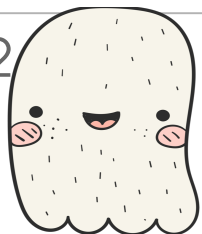
Saturday

CDC Snack Menu



October 2022

2



3

Pretzels &
Cheese

4

Crackers &
Applesauce

5

Yogurt & Animal
Crackers

6

Pita &
Hummus

7

Popcorn &
Fruit Snacks

8

9

10

Tortilla Chips
& Oranges

11

Bagels &
Cream Cheese

12

Chex Mix &
Cheese

13

Veggies w/Dip
& Crackers

14

Bars & Milk

15



16



17

Yogurt &
Grahams

18

Carrots &
Cheez-Its

19

Crackers &
Fruit Snacks

20

Cheese & Fruit

21

English Muffin
& Jam

22

23

24

Bars &
Bananas

25

Crackers &
Cheese

26

Pretzels &
Apple Slices

27

Popcorn &
Fruit Snacks

28

Cereal & Milk

29



31

Halloween Trail
Mix

